



# Rage

*Ronald T. Potter-Efron*

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## **Rage** Ronald T. Potter-Efron

This new book from anger expert Potter-Efron offers powerful, emergency help to anyone whose extreme and volatile rages cause him or her to lose control of emotions, behaviors, and even conscious awareness--causing sometimes irreparable emotional and physical harm to themselves, their loved ones, and, occasionally, to innocent by-standers.

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