



Unique Method of Colon Rejuvenation - A Practical Guide to Optimum Health and Vitality

N.D. Dr. Yakov Koyfman

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The information in this book will help you in a short time to rejuvenate and increase the work of your colon in a natural way. If you follow the simple rules and principles described in this book, your success is guaranteed. Describes the importance of the colon, exercises for the colon, recipes for the colon, and provides a complex body healing program.

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