



Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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From reader reviews:

Tisha Betancourt:

This Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral) book is simply not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is definitely information inside this book incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This specific Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral) without we realize teach the one who studying it become critical in pondering and analyzing. Don't end up being worry Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral) can bring whenever you are and not make your case space or bookshelves' turn out to be full because you can have it within your lovely laptop even cellphone. This Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral) having good arrangement in word as well as layout, so you will not sense uninterested in reading.

Clyde Harlan:

Playing with family in a very park, coming to see the ocean world or hanging out with close friends is thing that usually you could have done when you have spare time, and then why you don't try issue that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Adult Coloring Journal: Co-Dependents Anonymous (Safari Illustrations, Nautical Floral), you can enjoy both. It is excellent combination right, you still need to miss it? What kind of hang-out type is it? Oh seriously its mind hangout men. What? Still don't get it, oh come on its called reading friends.

Leah Pelton:

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Raul Warren:

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