

Home Health Aide On-the-Go In-Service Lessons: Vol. 9, Issue 3: Caring for the Patient with Anemia

Jane Miles MSN RN NEA-BC

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More than 3.5 million people in the United States are affected by some type of anemia, a problem of the body s red blood cells. There are several types of anemia and they all affect the body differently. Fatigue is one of the main symptoms. Common among homecare patients are sickle cell anemia, iron deficiency anemia, and Vitamin B12 anemia. This in-service lesson provides an in-depth look at anemia and the role home health aides play in helping patients manage the problems it causes. LESSON OBJECTIVES After completion of this program, the home health aide will be able to: Verbalize a basic knowledge of the functions of red blood cells Define anemia and name two types Identify symptoms and problems caused by anemia Know how to provide support to a patient who has anemia Contents of this lesson: A clearly written fact sheet A 10-question post-test to measure understanding of the subject matter An answer sheet with a place for the instructor's comments and signature An illustrative, homecare-specific case study Suggested supplemental learning activities An attendance log and certificate of completion



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