



## Trauma-Focused CBT for Children and Adolescents: Treatment Applications

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# Trauma-Focused CBT for Children and Adolescents: Treatment Applications

## Trauma-Focused CBT for Children and Adolescents: Treatment Applications

Featuring a wealth of clinical examples, this book facilitates implementation of Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) in a range of contexts. It demonstrates how assessment strategies and treatment components can be tailored to optimally serve clients' needs while maintaining overall fidelity to the TF-CBT model. Coverage includes ways to overcome barriers to implementation in residential settings, foster placements, and low-resource countries. Contributors also describe how to use play to creatively engage kids of different ages, and present TF-CBT applications for adolescents with complex trauma, children with developmental challenges, military families struggling with the stresses of deployment, and Latino and Native American children.

See also Cohen et al.'s authoritative TF-CBT manual, *Treating Trauma and Traumatic Grief in Children and Adolescents, Second Edition*.

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