



Intensive Participation in Children's Sports

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At what age should children begin intense sport activity? Do the benefits of intensive participation outweigh the risks? "Intensive Participation in Children's Sports" examines these questions from the physiological, psychological, sociological, and clinical/pathological perspectives. Researchers, academics, and sports medicine specialists can use it as a reference and a springboard for further research. "Intensive Participation in Children's Sports" covers the complete range of relevant factors on this controversial subject including these topics: the belief that intensive participation benefits children; peer relations of child athletes; the effect of the media on youth sport; and the effects of intensive participation on children's home lives.

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