

## **Muay Thai: Peace, At Last**

Mr. Michael Goodison

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#### Muay Thai: Peace, At Last Mr. Michael Goodison

Michael Goodison is a writer and a fighter, and in Muay Thai: Peace, At Last, he documents his travelling adventure to Thailand. Battling an ever-present disinterest with the western way of living, Michael throws off the shackles and dares to live, confronting killer cobras and conversing with Buddhist monks as he prepares for a professional fight in one of the most violent martial arts in the world: Muay Thai. From elephants lumbering along the lush mountainsides to the rowdy backpacking scene of northern Thailand, and culminating in an adrenaline-thumping confrontation, Peace, At Last is escapism in its purest form, transporting the reader to a world of misadventure, intrigue, culture, and violence.



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