



# The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position

*Mr. Brent D Mayne*

Download now

[Click here](#) if your download doesn't start automatically

# The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position

*Mr. Brent D Mayne*

**The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position** Mr. Brent D Mayne

An aspiring baseball catcher could do himself no greater favor than acquiring this manual. Whereas the techniques of hitting, pitching, and other baseball positions are well covered by valuable instruction books, the techniques of catching arguably the most difficult and most crucial position of all have not been covered well at all.

Brent Mayne's *The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position* changes all that in a single stroke. The book's lucid, concise but comprehensive, and highly readable approach puts at your fingertips the wisdom and skills of a successful pro.

Brent Mayne played major league ball for sixteen seasons (1989-2004), most of them with the Kansas City Royals. He earned a reputation for his handling of pitchers, effective plate blocking, and strong arm.

Enjoying success both behind the plate and at it, he batted .301 in two consecutive seasons (1999-2000).

Mayne caught a no-hitter pitched by Bret Saberhagen in 1991, and he also has the distinction of being the only catcher in the twentieth century to have won a game as a pitcher.

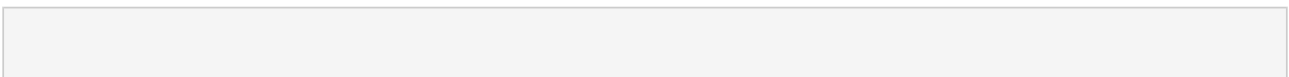
A hard-working, consummate pro, Mayne knows his position like the back of his hand and has a gift for communicating his knowledge and experience enthusiastically.

*The Art of Catching* begins by sketching a quick, informative evolution of the position and its all-important glove, along with offering some illuminating personal history. After these preliminaries, Mayne turns his attention to the heart of the matter: the fundamentals of catching. Stressing the absolute importance of posture, he covers a variety of stances and body positions. Important techniques such as glove mechanics, blocking, throwing to bases, back picking, and pitchouts are also covered in detail. Mayne offers concise summaries of proper methods, such as: Pitchout footwork with a right-handed batter is: jab with right foot (before pitcher releases the ball), step left, catch the ball, then right step, left step, throw. By practicing such mechanics until they become second nature, catchers will master their craft.

Subsequent chapters of *The Art of Catching* cover crucial topics such as calling games, working with pitchers, handling pop flies, making plays at the plate (without injuring one's self!), and drills. For Mayne, it is practice and experience, above all, that distinguish professional-caliber players from wannabes. As he points out: One trait common to all the players at the top is that they've played a ton of baseball, more baseball in fact than about 99.9 percent of the population.

For catchers, Mayne sees the bullpen as the best place for productive drills. Instead of viewing time there as tedious, catchers should use it productively to hone their skills and to assess the strengths and weaknesses of their pitching staff. Mayne's overview of drills does, however, come with some wise cautionary words that, again, place the emphasis on correct mechanics: Practice does not make perfect; practice makes permanent. In other words, if you have poor technique when you practice, that is what you will take out to the game. Readers of this book will learn the right techniques.

Each chapter of *The Art of Catching* concludes with a section of key points for handy reference. In addition, the book features numerous invaluable illustrations and photos, which clearly reinforce the teachings of the text, thought-provoking quotations, and a handy index. For coaches and those who want to distinguish themselves as baseball catchers, *The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position* is an essential, self-recommending title.



 [Download The Art of Catching: The Secrets and Techniques of ...pdf](#)

 [Read Online The Art of Catching: The Secrets and Techniques ...pdf](#)

## **Download and Read Free Online The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position Mr. Brent D Mayne**

---

### **From reader reviews:**

#### **Abram Huffman:**

Book is to be different for every grade. Book for children right up until adult are different content. To be sure that book is very important usually. The book The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position had been making you to know about other expertise and of course you can take more information. It is quite advantages for you. The e-book The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position is not only giving you much more new information but also to be your friend when you sense bored. You can spend your personal spend time to read your publication. Try to make relationship with the book The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position. You never truly feel lose out for everything if you read some books.

#### **Adele Rowan:**

Here thing why this The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position are different and reputable to be yours. First of all reading through a book is good but it depends in the content than it which is the content is as tasty as food or not. The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position giving you information deeper including different ways, you can find any publication out there but there is no e-book that similar with The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position. It gives you thrill studying journey, its open up your eyes about the thing which happened in the world which is might be can be happened around you. It is easy to bring everywhere like in recreation area, café, or even in your approach home by train. If you are having difficulties in bringing the imprinted book maybe the form of The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position in e-book can be your substitute.

#### **Nancy Jones:**

The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position can be one of your beginning books that are good idea. We recommend that straight away because this publication has good vocabulary that may increase your knowledge in language, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to get every word into pleasure arrangement in writing The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position although doesn't forget the main position, giving the reader the hottest in addition to based confirm resource data that maybe you can be among it. This great information may drawn you into fresh stage of crucial pondering.

#### **John Edwards:**

What is your hobby? Have you heard that question when you got pupils? We believe that that problem was given by teacher on their students. Many kinds of hobby, Every person has different hobby. And also you know that little person just like reading or as studying become their hobby. You need to understand that

reading is very important and also book as to be the matter. Book is important thing to add you knowledge, except your personal teacher or lecturer. You discover good news or update concerning something by book. Different categories of books that can you go onto be your object. One of them is niagra The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position.

**Download and Read Online The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position Mr. Brent D Mayne #85YP07FGZ39**

## **Read The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne for online ebook**

The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne books to read online.

### **Online The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne ebook PDF download**

**The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne Doc**

**The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne Mobipocket**

**The Art of Catching: The Secrets and Techniques of Baseball's Most Demanding Position by Mr. Brent D Mayne EPub**