

# People Who Argue Are Sick: Overcoming Anger and Healing an Argumentative Spirit (Faith)

Duane Cuthbertson

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Is it any wonder that wrath---the old-fashioned name for anger---is one of the "seven deadly sins"? We live in a world of anger and violence, with headlines so shocking we grow numb to their effect. National and international tensions surround us. Is it possible to discern the source of such wrath? More to the point, is there a "cure" for this malady of the heart?

In *People Who Argue Are Sick* Dr. Duane Cuthbertson shows that the human spirit can indeed be crushed and fractured, a brokenness that involves both temperament and environmental factors. But no one should have to be a victim of rage---either as instigator or recipient. He offers not only hope but also a technique for healing.

In these pages you will discover that:

- \* Your argumentative spirit can be healed
- \* You potentially have had your last argument
- \* Domestic violence can subside
- \* The world can be a less violent place

*People Who Argue Are Sick* has the potential not only to change you and your home, but to change the whole world.



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