

Good Jayne! Bad Jayne! A Whimsical Bipolar Trip to Bedlam

Jayne Paynter Moomaw

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The author shares her hospital experiences after suicidal drug overdoses which involved emergency room activities, intensive care, and the death of a roommate. She introduces the reader to bipolar illnesses I and II and manic-depression. However depressive it may sound, she uses humor, drama, and expressive poems to entice the reader to enter her mental-health world.



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