



Greenman's Principles of Manual Medicine

Lisa A. DeStefano DO

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With a focus on the “how” and “why” of manual medicine techniques, **Greenman’s Principles of Manual Medicine, Fifth Edition**, gives you the tools you need to improve patients’ neuromusculoskeletal system function. Covering the foundations of manual medicine as well as specific techniques for diagnosing and treating musculoskeletal pain, this popular guide features more than 1,000 photographs that walk you step by step through each technique. Taking you systematically from principles and concepts, through specific techniques and procedures, to clinical correlations, this new edition is thoroughly up to date, and features a clinical focus that prepares you for today’s practice.

NEW in the Fifth Edition:

- A **new chapter on clinical correlations of the upper quarter**, covering the stabilizing roles of the specialized layers of the thoracolumbar fascia beyond the trunk into the thorax, cervical spine, and cranium.
- Updated simple and **effective diagnostic and sutural treatment approaches** for the osseous cranium.
- **Easy to follow, consistent** approach to cervical mobilization with impulse techniques.
- **Updated terminology** for normal lumbosacral and sacroiliac motion.

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