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Our Skinny collection of gluten free slow cooker recipes are perfect for those on a gluten free diet wishing to maintain a balanced, healthy lifestyle with every recipe falling below either 300, 400 or 500 calories.

Whether you need to cut gluten out of your diet or you're cooking for friends and family with gluten intolerance, The Skinny Gluten Free Slow Cooker Recipe Book will give you calorie counted inspiration and help navigate gluten free mealtimes.

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