



# **Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Watercolor Herringbone)**

*Courtney Wegner*

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## **Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Watercolor Herringbone)** Courtney Wegner

Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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### **From reader reviews:**

#### **Mary Ehlers:**

Playing with family in the park, coming to see the marine world or hanging out with close friends is thing that usually you might have done when you have spare time, and then why you don't try issue that really opposite from that. One particular activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition associated with. Even you love Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Watercolor Herringbone), you may enjoy both. It is fine combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout folks. What? Still don't get it, oh come on its called reading friends.

#### **Donald Corbett:**

Reading a book to get new life style in this season; every people loves to learn a book. When you examine a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, since book has a lot of information upon it. The information that you will get depend on what kinds of book that you have read. In order to get information about your research, you can read education books, but if you act like you want to entertain yourself look for a fiction books, such us novel, comics, along with soon. The Adult Coloring Journal: Survivors of Incest Anonymous (Turtle Illustrations, Watercolor Herringbone) provide you with new experience in reading a book.

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