



ALWAYS AWARE

James S. Cusack

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If you have a loved one or friend caught-up in the vortex of addiction or chemical dependency, then the Cusack formula presented here is a place to start understanding the disease, and a beginning in understanding how the disease affects you. The words in this book help comfort you from the fear that you are the only one with a tremendous weight on your shoulders—you are not alone. Through the 12-Step program that you will read about, recovery and healing begin with love and caring. Family love and caring form the essence of a proven treatment approach that can only be learned by doing. Jim Cusack is practicing these principles and sharing these experiences with us.

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