



Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present

Barbara Stone

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What happens when psychological problems and physical symptoms stubbornly persist even with the most advanced methods of cure? This problem confounded many of psychotherapist Dr. Barbara Stone's clients, who could not shake phobias, addictions, depression, anger, pain, chronic fatigue, and other physical conditions, no matter what they tried. Then, searching deeper realms uncovered links to traumatic past lives and to spirits of the deceased who had not been able to move into the Light because of emotional turmoil. After treating the wounds of these past lives and earthbound spirits, the presenting problems disappeared. This groundbreaking book describes these remarkable stories and the methods used to help people heal. A resource for therapists confronted with these phenomena, this book is also for anyone struggling to understand the origins of persistent patterns of blockage or disease. Best of all, it brings the remarkable breakthrough therapies of Energy Psychology to bear on this difficult area, providing an abundance of tools and techniques for resolving issues whose roots lie in realms other than the present lifetime.

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