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Women and Their Emotions

Miriam Neff



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Women and Their Emotions Miriam Neff

Are emotions ruining your life? You can change the way you feel. Women and Their Emotions is a healing look at emotional wounds, hard-to-break habits, and pitfalls...and how to overcome them.From experience as a counselor, Miriam Neff combines biblical truths and psychological principles to help women understand and master their emotions.

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