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Record Your Daily Monday to Sunday Blood Sugar Readings For 52 Weeks

#### Cover:

• Compact & Portable Size 12.7 x 20.32 cm (5" x 8") to enable you to easily carry it around on a daily basis.

#### **Interior:**

- Personal Information & Emergency Contact Page
- 2 Pages to Record Your Appointments
- 52 Weeks of Readings
- Includes Before And After Blood Sugar Readings, Carbohydrate Portions, Quick Acting Insulin and Background Insulin Readings.
- Sections for Breakfast, Lunch, Dinner, Other & Bedtime
- Section for recording Daily Notes

Please note that this Log also comes in the larger size of 7.25 x 9.25 with the font Size 14. Great for those with visual impairments.

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