



Peace in the Storm: Meditations on Chronic Pain and Illness

Maureen Pratt

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Millions of Americans experience pain every day of their lives, their conditions unalleviated by the myriad medications and treatments available today. Maureen Pratt, who has had lupus for more than a decade, is intimately aware of the toll chronic pain takes on patients and their families.

In this practical and spiritual guide, she shares how she navigates through the frustrations, fears, and complexities of living with chronic pain and illness.

Using a combination of Bible passages, her own observations and insights, and prayer, Pratt provides help on issues that include dealing with isolation, coping with medical expenses, and learning to say no. Written with unstinting honesty and humor, *Peace in the Storm* will help readers identify their own spiritual and physical needs.

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