



The Indigo Method Healing ADD, ADHD & Bi-Polar Disorder 2 DVD set

Tcha LaPlaca

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The Indigo Method™ is a holistic approach to healing Attention Deficit Disorder, Attention Deficit /Hyperactivity Disorder, Bi-Polar Disorder, Oppositional Defiance and Sensory Integration Disorder. It offers individuals and families an alternative solution to pharmaceutical medication.

Throughout our Educational Segment: A child psychologist, Learning Enhancement Specialist and Neurologist speak to what causes ADD, ADHD & Bi-Polar Disorder. They explain how unresolved (traumatic) events, our diet & environmental toxicities affect our brain, body & mind's functionality, biochemistry and behavior.

Applying The Indigo Method™: A family of seven whose 9 year old child exhibits ADHD, is placed on The Indigo Method's holistic wellness program. The Indigo Method™ is a comprehensive program comprised of:

nutritional wisdom

self-esteem building

parent coaching

quantum healing

Christopher's mom, Martha, shares how the holistic program assists them to heal, experience their innate power and come together harmoniously as a family.

Segment Four

You'll hear from a Naturopathic Physician, Nutritional Therapist and a Classical Homeopath what you can do to assist your child and your self in experiencing greater health and balanced well being.

Learn how nutritional supplements and simple detoxification techniques can assist in eliminating food sensitivities and allergies, environmental toxicities and other allergens that contribute to ADD, ADHD & Bi-Polar Disorder.

Discover how to save time and money by 'muscle testing' nutritional supplements that are right for you and your family before buying them.

Segment Five

Enjoy the latest therapeutic approaches and parenting skills for working with today's 'spirited' children.

Understand how quantum healing affords Christopher's own healing energies to restore balance to his brain, body and spirit.

Segment Six

Take advantage of the wealth of resources offered to families including a gathering for Indigo moms, (mothers share the trials and joys of raising twice-gifted children), the positive effects of yoga at school, martial arts, a kids nature-based warrior club, even a heart-centered sleep system.

Special Features include: Indigos, The Untold Story, is a beautiful spiritual narrative illustrating indigos as individuals, who throughout time, strive to grow and evolve consciously. These individuals, although spiritually 'knowing' and often witnessed as gifted individuals throughout time, have incurred trauma as a result of their evolutionary journey... reflecting struggle and emotional turmoil that impacts their present life.

Special Feature 2:

Learn how EMDR, neurofeedback and A Journey to The Wild Divine can help to restore a peaceful mind.

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Curtis Phillips:

The actual book The Indigo Method Healing ADD, ADHD & Bi-Polar Disorder 2 DVD set has a lot info on it. So when you read this book you can get a lot of profit. The book was written by the very famous author. The writer makes some research before write this book. This kind of book very easy to read you can obtain the point easily after reading this book.

Irene Gamino:

The book untitled The Indigo Method Healing ADD, ADHD & Bi-Polar Disorder 2 DVD set contain a lot of information on that. The writer explains the girl idea with easy means. The language is very clear and understandable all the people, so do certainly not worry, you can easy to read the idea. The book was compiled by famous author. The author brings you in the new time of literary works. You can actually read this book because you can please read on your smart phone, or device, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site as well as order it. Have a nice learn.

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