



Instant Pot Cookbook: Easy, Delicious and Healthy Instant Pot Recipes for Busy People

Jennifer H. Smith

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Instant Pot Cookbook

Do you want to eat healthy and save yourself time and effort? Instant Pot can help!

By now, you probably have heard people raving about this new age, electric pressure cooker called the Instant Pot. Instant Pot pressure cookers come with a wide variety of cooking functions and temperature controls, and are less time consuming than stovetops. There's no need to spend hours in the kitchen, standing over multiple pots and pans.

If you have just bought yourself an Instant Pot and don't know where to start, this book can guide you through it all. This book presents you with a plethora of recipes for breakfast, lunch, dinner, snacks, and desserts. All you need to do is to buy all ingredients, dump them in the pot, and allow it to work its magic.

Try the tasty recipes in this book and experiment with new foods. You'll find that whether you're feeding a whole family or setting the dinner table for one, you're going to get an easy, efficient and clean way to cook.

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